



StuCON

2026



Rashid Latif Medical College
Welcome you to

THIRD INTERNATIONAL STUCON

Global Health challenges and solutions

27, 28th August 2026

Rashid Latif Medical College

29th August 2026

Expo Center, Lahore





RASHID LATIF KHAN GROUP



Rashid Latif
Medical College



Rashid Latif Khan
University



Hameed Latif
Teaching Hospital



Arif Memorial
Teaching Hospital



Hameed Latif
Hospital

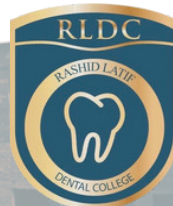


RLKU
MEDICAL COLLEGE
RLKU Medical
College



LIFE

Lahore Institute Of Fertility
And Endocrinology



Rashid Latif
Dental College

VISION , MISSION & OUTCOMES

VISION

To become the Centre of excellence in the Field of Health sciences.

MISSION

Empower Healthcare professionals with state-of-the-art education, instilling leadership, innovation, and compassionate patient care for a transformative impact on the global health landscape.

OUTCOMES

- Medical graduates will possess advanced medical knowledge and competencies.
- Medical graduates will demonstrate effective leadership abilities in healthcare settings.
- Medical graduates will apply innovative solutions to complex health challenges.
- Medical graduates will provide empathetic and patient-centered care.
- Medical graduates will understand and address global health issues.
- Medical graduates will work actively within diverse healthcare teams.
- Medical graduates will commit to continuous personal and professional development.
- Medical graduates will be able to demonstrate skills in cognition, identification and management of common clinical conditions.
- Medical graduates will develop critical thinking, communication, and adaptability skills necessary for effective healthcare practice.



WE ARE C.H.A.M.P.I.O.N.S.,

C Critical And Innovative Thinkers

H Humane Leaders

A Accountable

M Motivated Team Players

P Perseverance

I Integrity

O Ownership

N Nobility

S Self-Discipline

, Professionalism

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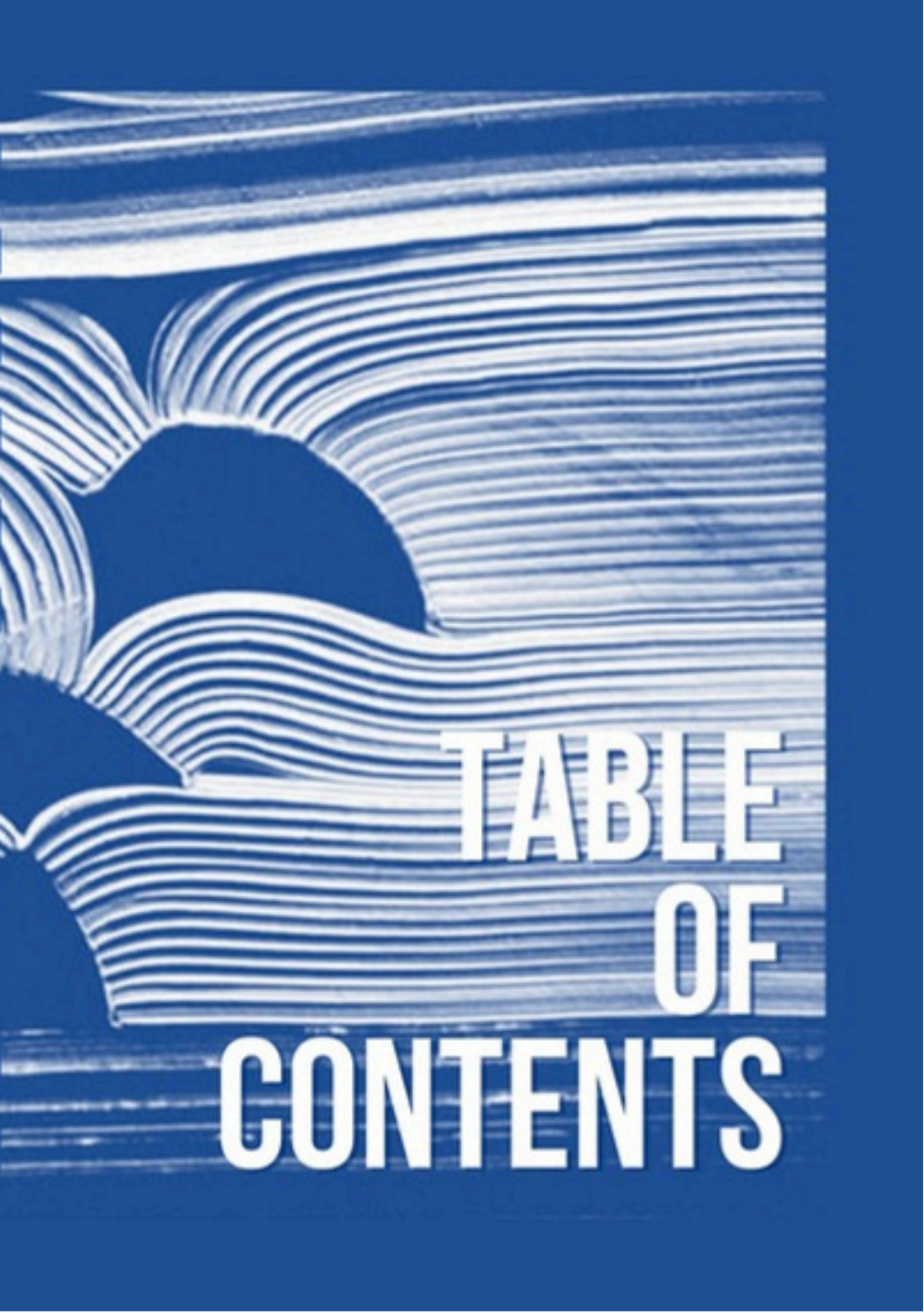


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Prof. Rashid Latif Khan

Dear Participants and Esteemed Colleagues,

I am delighted to welcome you to the upcoming Student Conference (StuCon). As the Patron-in-Chief of this pivotal event, I am honored to witness our academic community unite in pursuit of knowledge and innovation.

StuCon is designed to empower students for excellence in research, publication, and professional growth. Our aim is to create a platform that nurtures the next generation of healthcare professionals and researchers. By fostering collaborative learning and innovative thinking, we enhance participants' skills and cultivate a mindset that champions healthcare excellence.

Throughout the conference, participants will engage in oral presentations, poster sessions, think tanks, and more, offering opportunities to showcase research, exchange ideas, and learn from experts. This approach ensures participants gain a comprehensive understanding of their subjects and acquire practical skills that exceed expectations.

StuCon represents our commitment to advancing healthcare education and building a robust foundation for future professionals. By investing in the intellectual growth and practical skills of our students, we prepare them to meet today's challenges and shape the healthcare landscape of tomorrow.

I am confident that the dedication and enthusiasm of all participants, mentors, and organizers will make StuCon a resounding success.

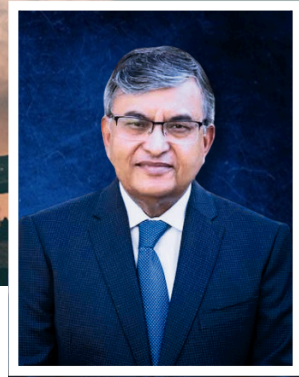
With warm regards,
Prof. Rashid Latif Khan

Rashid Latif Khan





LETTER FROM THE PATRON



Prof. Tahir Masood Ahmad

It is with great pleasure that we announce the continuation of "StuCON" at Rashid Latif Medical College (RLMC), scheduled for August, 2026. Since its inception, initiated by a cadre of enterprising students, RLMC has thrived and grown steadily under successive cohorts of dedicated office holders and members. The sustainability of such initiatives often proves more daunting than their inception. I extend sincere congratulations to the faculty and students for maintaining this momentum. I am hopeful that this effort will mature into a robust institution with deep roots and flourishing branches, spanning not only our institution but potentially the globe. The enthusiastic participation of medical students from numerous esteemed institutions is not only encouraging but also promises future collaboration in research endeavors.

History abounds with significant discoveries credited to undergraduate researchers, emphasizing the critical need for structured research training programs. Young minds require platforms and resources to express their innate creativity; RLMC serves as a beacon for such endeavors. I am confident that students worldwide will recognize their potential contributions to advancing undergraduate medical research and will enthusiastically join in its success.

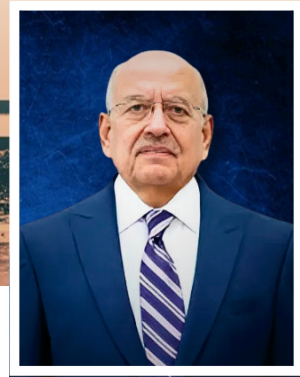
I extend a cordial invitation to all interested institutions to encourage their students' participation in this esteemed conference. We eagerly anticipate your presence and meaningful contributions at StuCON 2026.

With warm regards,
Prof. Tahir Masood Ahmad

Tahir Masood Ahmad



LETTER FROM THE PATRON



Prof. Farrukh Zaman

Esteemed Colleagues & Participants,

Welcome to the upcoming Student Conference (StuCON), an event dedicated to empowering students in research, publication, and professional growth. As a chief supporter, I am honored to see our academic community unite for knowledge and innovation.

StuCON is more than academic discourse; it nurtures future healthcare professionals and researchers. By fostering collaborative learning and cutting-edge thinking, we aim to enhance participants' skills and promote innovation and excellence in healthcare.

Participants will engage in oral presentations, poster sessions, and brainstorming sessions, providing opportunities to showcase research, exchange ideas, and learn from experts.

This multifaceted approach ensures a comprehensive understanding of their subjects and practical skills.

StuCON represents our commitment to advancing healthcare education and building a strong foundation for future professionals. By investing in students' intellectual growth and practical skills, we prepare them to meet current challenges and shape the future of healthcare.

I am confident in the dedication and enthusiasm of all involved, making StuCON a success year after year. Let us learn, innovate, and create a thriving healthcare future together. I eagerly anticipate the transformative experiences and insights from StuCON.

With Warm Regards,

Prof. Farrukh Zaman



Dear Esteemed Participants & Guests,

It is my privilege and delight to extend a heartfelt welcome to the National Integrated STUCON (Student Conference) at RLMC.

This gathering marks a significant milestone in our academic journey, celebrating the ingenuity and scholarly achievements of our students. It is a platform designed to showcase their research endeavors and innovative insights, while fostering a spirit of collaboration and intellectual growth.

Throughout the conference, attendees will have the opportunity to engage in a variety of enriching activities, including interactive workshops, insightful panel discussions, and dynamic presentations. These experiences are crafted to not only enhance academic skills but also to cultivate a sense of community and shared learning among participants.

I extend my sincere appreciation to all who have contributed to the planning and execution of this event, ensuring its success and impact. Your dedication and enthusiasm are invaluable in creating a vibrant atmosphere for learning and discovery. Together, let us embark on this journey of exploration and inspiration, aiming to forge connections and advance knowledge across Medicine, Dentistry, Nursing, Social Sciences, and Allied Health Sciences.

Thank you for your participation, and I eagerly anticipate the contributions that will shape our collective experience at this momentous occasion.

With warm regards,
Ms. Sabahat Khan

Sabahat Khan

Chief Organisers

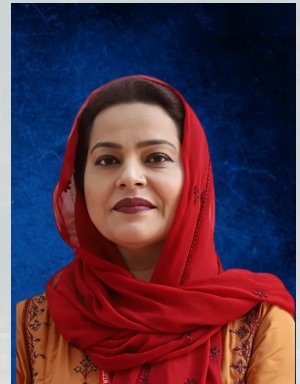
5



Prof. Mudassar Ali



Dr. Kainat Javed



Prof. Sadia Qureshi



Muhammad Saad Ikram

4th Year MBBS

3RD INTERNATIONAL STUCON '26

Rashid Latif Medical College welcomes you to

DAY 0 • THURSDAY

27 AUGUST 2026 ● VENUE — RLMC, LAHORE

REGISTRATIONS OPEN

8:00 – 9:00 AM

9:00 – 1:00pm INTERCOLLEGIATE MIND MERGE

AUDITORIUM

9:00 Onwards PITCH PERFECT

RLMC STUDIO

1:00 – 3:00pm PITCH PERFECT

AUDITORIUM

◆ ALUMNI DINNER

6:00 – 8:00 PM

Global Health Challenges and Solutions



LIFE



PAGE 1 | EVENT LAYOUT



DAY 1 • FRIDAY

28 AUGUST 2026 • VENUE — RLMC

REGISTRATIONS OPEN**8:00 – 8:30 AM****8:30 – 10:30 AM****ORAL PRESENTATIONS - ROUND 1****ORAL - SURGERY & ALLIED**
LH-1**ORAL - MEDICINE & ALLIED**
LH-2**ORAL - BASIC SCIENCES & PUBLIC
HEALTH**
LH-6**ORAL - NURSING**
LH-3**ORAL - PHARMACY**
LH-4**10:30 AM – 12:00 PM****INAUGURATION CEREMONY**

- Recitation of the Holy Quran
- Welcome address · Keynote speech
- Note of appreciation · Guest of Honour speech
- VC address, RLKU · Reflections on StuCon '25
- Vote of thanks · Shield distribution

TEA BREAK · 12:00 – 12:30 PM**12:30 – 4:00 PM****COMPETITIONS - ROUNDS 2 & 3****MOHER**
LH-3**MEDMAZE**
Histo Lab**Dental Session**
LH-2**ORAL-PSYCHOLOGY**
Seminar Rm, 2nd Floor**ORAL - DPT**
LH-4**ORAL - ALLIED & NUTRITION**
LH-1**ORAL - BIOLOGICAL SCIENCES**
LR-3**ORAL - AI IN CLINICAL PRACTICE**
LR-2

Jummaah break & lunch, 2:00 – 3:00 PM, with MoHER / MedMaze continuing 3:00 – 4:00 PM

+ DAY 1 SOCIALS
4:00 – 6:00 PM**+ GALA DINNER**
6:00 PM onwards**LIFE**

DAY 2 • SATURDAY

29 AUGUST 2026 ● VENUE — EXPO CENTER, LAHORE

REGISTRATIONS OPEN

8:00 – 9:00 AM

9:00 – 11:00 AM POSTER PRESENTATIONS

SURGERY & ALLIED

MEDICINE & ALLIED

BASIC SCIENCES & PUBLIC HEALTH

AI IN CLINICAL PRACTICES

NURSING

PHARMACY

DPT

ALLIED & NUTRITION

PSYCHOLOGY

BIOLOGICAL
SCIENCES

BDS

9:45 – 11:00 AM MOHER - FINAL ROUND

11:00 – 1:00 PM HESP (Health & Education Summit Pakistan)

1:00 – 1:30 PM HESP Stall Rounds / Break

3rd International STUCON Closing Ceremony and Awards Distribution

1:30 – 3:00 PM

Global Health Challenges and Solutions



WITH GRATITUDE, RLMC

See you at the 3rd International StuCon – 27, 28 & 29 August 2026



- **Treat all participant** with respect and consideration, regardless of their background, experience, or expertise.
- **Engage** in constructive and open dialogue, focusing on the ideas being discussed rather than personal attributes.
- **Avoid** any form of discrimination, harassment, or exclusionary behavior.
- **Uphold** the highest standards of professional conduct in all interactions, both within and outside of conference sessions.
- **Refrain** from disruptive or disrespectful behavior that could hinder the learning and networking experience of others.
- **Respect** the intellectual property rights of fellow participants by giving appropriate credit for ideas, concepts, and research shared during the conference.
- **Obtain** necessary permissions before using, sharing, or referencing another participant's work.
- **Treat** any sensitive information or discussions shared during the conference as confidential, unless explicitly granted permission to share.
- **Present** and discuss research findings accurately and honestly, adhering to ethical standards in research and publication.
- **Avoid** misrepresenting or exaggerating research results.
- **Foster** an environment of collaboration and the sharing of knowledge, encouraging the exchange of ideas and experiences.
- **Approach** networking opportunities with professionalism and courtesy.
If you witness or experience any behavior that violates this code of conduct, promptly report it to conference organizers.
A professional dress code should be followed.
- **Blinding:** participants and observers are instructed to conceal the college they represent. Wearing a uniform or adding college logos to your apparel or presentation is not permitted.

Failure to comply with this code of conduct may result in corrective action, including but not limited to, a warning, expulsion from the conference, or a ban from future events. We acknowledge that this code of conduct is designed to ensure the wellbeing and positive experience of all conference participants.



PARTICIPATION CRITERIA

- All investigators shall be undergraduates at least.
- A maximum of 2 investigators will present the research study to the judges for the poster presentations and 3 for oral presentations
- A team with a single research will not be allowed to participate in both oral and poster presentations with the same research
- Preliminary results of the research can be presented.
- Participation in the oral research presentation competition shall be subject to prior acceptance of the abstract
- A Mentor/supervisor can be present with each team.
- All observers should also register, there will be no on-the-spot registration.

RULES & REGULATIONS

- Please follow the schedule.
- Please remain seated and cordial during other participants' presentations.
- Please don't engage in heated conversation during question-answer sessions.
- Please turn off your phone or put it on silent.
- No smoking/Illegal substances are allowed inside the premises.
- Transparency will be shown in judging criteria by not using any official college affiliation before, during, and after any presentations and will only be revealed during the award ceremony.
- Please maintain the decorum of the conference. Instant disqualification on targeted attacks, unethical remarks & foul language.
- All participants are required to carry and present the identification cards provided during the registration process.
Participants are responsible for keeping their personal belongings safe.

ABSTRACT SUBMISSION GUIDELINES

The Organizing Committee of the 3rd International StuCon, hosted by Rashid Latif Medical College (RLMC), Lahore, cordially invites undergraduate & postgraduate students from across Pakistan to participate in the Scientific Abstract Competition.

The conference provides a platform for aspiring researchers to present their scientific work, share clinical and academic experiences, engage with experts, and contribute to evidence-based healthcare and medical education.

Through oral and poster presentations, participants will have the opportunity to showcase their research and network with fellow researchers and healthcare professionals.

CONFERENCE SUB-THEMES

Abstracts are invited under the following categories:

1. Medicine & Allied Sciences
2. Surgery & Allied Sciences
3. Basic Sciences & Public Health
4. Artificial Intelligence in Clinical Practice
5. Social Sciences
6. Nursing

Note: All submissions will undergo a blinded peer-review process conducted by the Scientific Committee. Selected abstracts will be invited for presentation during the conference.

ELIGIBILITY

- The abstract competition is open exclusively to undergraduate & postgraduate students.
- The presenting author must be an undergraduate & postgraduate student at the time of submission.

ABSTRACT SUBMISSION GUIDELINES

1. SUBMISSION POLICY

1.1 NUMBER OF SUBMISSIONS

- Each participant may submit only one abstract as a presenting author.
 - Multiple submissions by the same presenting author will result in the disqualification of all additional abstracts beyond the first submission.
- Authors may appear as co-authors on multiple abstracts.

1.2 AUTHORSHIP

- There is no restriction on the number of co-authors.
- The presenting author is not required to be the first author.
- All listed authors must have made a substantial contribution to the work in accordance with recognised authorship standards.

2. ABSTRACT ELIGIBILITY

Eligible Study Types

The following study designs are accepted:

- Original Research
- Systematic Reviews
- Meta-Analyses

Ineligible Submissions

The following will not be considered:

- Narrative Reviews
- Editorials
- Case Reports
- Letters to the Editor
- Opinion Articles
- Study Protocols without Results
- Research Proposals without Data Studies may be

either:

- Completed, or
- Ongoing with preliminary results and conclusions available at the time of submission.

ABSTRACT SUBMISSION GUIDELINES

3. ABSTRACT STRUCTURE

Abstracts must be structured under the following headings:

A. TITLE

- Clearly state the study design where applicable (e.g., Cross-Sectional Study, Systematic Review).
- Avoid abbreviations and acronyms.
- Ensure the title accurately reflects the content of the study.

B. INTRODUCTION

Include:

- Brief background information
- Research gap or rationale
- Study aim

C. OBJECTIVES

Clearly state the primary objective(s) of the study.

D. METHODS

Provide concise information regarding:

- Study design
- Study setting
- Participant selection criteria
- Sampling technique
- Sample size and justification
- Data collection procedures
- Statistical analysis methods Additionally:
- Original research studies must include details of ethical approval.
- Systematic reviews and meta-analyses should adhere to PRISMA

guidelines and report:

- o Search strategy
- o Risk of bias assessment
- o Heterogeneity
- o Publication bias
- o Certainty of evidence where applicable

ABSTRACT SUBMISSION GUIDELINES

E. RESULTS

Include:

- Sample size
- Key findings
- Relevant statistical outcomes
- Measures of significance (p-values, confidence intervals, effect sizes where appropriate)

Abstracts without results will not be considered.

F. CONCLUSION

The conclusion should:

- Summarize the principal findings
- Highlight the significance of the results
- Acknowledge important limitations and potential sources of bias

4. ETHICAL REQUIREMENTS

All submissions involving human participants must comply with ethical research standards.

ORIGINAL RESEARCH

Authors must provide:

- Name of the Ethics Review Committee (ERC) or Institutional Review Board (IRB)
- Approval number/reference number (if available)

If ethical approval was not required, a clear justification must be stated.

Data Protection

- Patient confidentiality must be maintained at all times.
- Data must be appropriately anonymized.
- Any text, images, or information capable of identifying participants must be excluded.

ABSTRACT SUBMISSION GUIDELINES

5. REPORTING GUIDELINES

Authors are strongly encouraged to follow internationally recognized reporting standards:

Study design	Recommended Guideline
Observational Studies	STROBE
Systematic Reviews	PRISMA

Compliance with reporting guidelines may enhance the quality and acceptance prospects of submissions.

6. FORMATTING REQUIREMENTS

WORD LIMIT

- Maximum: **300 words**
- The word count applies only to:
 - o Introduction
 - o Objectives
 - o Methods
 - o Results
 - o Conclusion

The following are excluded from the word count:

- Title
- Author names
- Affiliations

FONT AND FORMATTING

- Font: Times New Roman
- Font Size: 13 pt
- Line Spacing: 1.5
- Text Alignment: Justified

ABBREVIATIONS

- Define abbreviations at first mention.
- Do not use abbreviations in the title.

ABSTRACT SUBMISSION GUIDELINES

File Format

Accepted formats:

- ☐ .doc
- ☐ .docx

Not accepted:

- ☐ .pdf
- ☐ .rtf
- ☐ Any other format

File Naming Convention

Abstract files should be named as follows:

Abstract–First Author Last Name–Short Title–Presenting Author Last Name

Example:

Abstract–Saad–Sleep Deprivation–Ikram

Author Information

The abstract must include:

- ☐ Full names of all authors
- ☐ Institutional affiliations of all authors
- ☐ Email address of the corresponding author

The presenting author's name should be:

Bold and Underlined

7. REVIEW AND SELECTION PROCESS

- ☐ All abstracts will undergo independent scientific review by the Scientific Committee.
- ☐ Evaluation will be based on:
 - o Scientific merit
 - o Originality
 - o Methodological rigor
 - o Ethical compliance
 - o Relevance to conference themes
 - o Clarity of presentation

The decision of the Scientific Committee shall be final.

ABSTRACT SUBMISSION GUIDELINES

8. PRESENTATION CATEGORIES

Accepted abstracts may be allocated to either:

- ☐ Oral Presentation
- ☐ Poster Presentation

The mode of presentation will be determined solely by the Scientific Committee and communicated in the acceptance notification.

9. REGISTRATION REQUIREMENTS

Acceptance of an abstract does not automatically confirm conference registration.

All presenting authors must:

1. Complete the conference registration process.
2. Submit any required registration fee (if applicable).
3. Confirm participation within the stipulated deadline.

Failure to complete registration requirements may result in withdrawal of the presentation slot.

10. IMPORTANT NOTES

- ☐ Previously presented or published work may be submitted.
- ☐ Late submissions will not be considered.
- ☐ Abstracts that fail to comply with submission requirements may be rejected without review.
- ☐ Submission of an abstract constitutes agreement with all conference policies and guidelines.
- ☐ The Scientific Committee reserves the right to request clarifications, modifications, or supporting documentation when necessary.
- ☐ A maximum of 2 presenters can present the poster or oral presentation.

We look forward to welcoming the next generation of researchers and clinicians to the **3rd International StuCon 2026** and celebrating excellence in undergraduate medical research.

ORAL PRESENTATION

Following the acceptance of an abstract, authors will be notified regarding their allocation to either the **Oral Presentation** or **Poster Presentation** category by the Scientific Committee.

Authors selected for Oral presentation are required to adhere to the following guidelines to ensure uniformity, professionalism, and compliance with international scientific conference standards.

1. ELIGIBILITY AND ABSTRACT SUBMISSION

- Participants must submit an abstract of their completed research project for review.
- Abstracts will undergo a peer-review and evaluation process by the Scientific Committee.
- Only abstracts accepted by the committee will be eligible for oral presentation.
- Accepted participants will receive instructions and an official presentation template.
- The submitted research must comply with ethical and academic integrity standards.
- Any form of plagiarism, data fabrication, or falsification will result in immediate disqualification.

2. TEAM COMPOSITION

Each team may consist of **3–5 participants**.

A maximum of **two presenters** may present the research during the session.

All authors who contributed significantly to the study should be acknowledged in the presentation.

3. PRESENTATION FORMAT

Time Allocation

Presentation: **5 minutes**

Question & Answer Session: **3 minutes**

Total Time: **8 minutes**

Participants exceeding the allotted presentation time may receive a deduction in scoring.

4. PRESENTATION SUBMISSION

All presentations must be submitted in **Microsoft PowerPoint (.ppt or .pptx)** format.

File naming format:

Oral–First Author Last Name–Short Title–Presenting Author Last Name

Example:

Oral–Saad–Sleep Deprivation–Ikram

Late submissions may not be accepted unless approved by the Organizing Committee

ORAL PRESENTATION

5. SLIDE DESIGN REQUIREMENT

Slide Format

- ☐ Aspect Ratio: **16:9 (Widescreen)** preferred

Font Style

- ☐ Font Family: **Times New Roman**
- ☐ Title Font Size: **36–38 pt**
- ☐ Heading Font Size: **28–32 pt**
- ☐ Body Text Font Size: **20–24 pt**

Background

- ☐ Plain White or Light Blue Background
- ☐ Maintain consistent formatting throughout the presentation

Visual Standards

- ☐ Use high-resolution figures, graphs, and tables.
- ☐ Ensure all images are properly labeled and referenced.
- ☐ Avoid overcrowding slides with excessive text.
- ☐ Use bullet points instead of long paragraphs.
- ☐ Maintain sufficient contrast between text and background.
- ☐ Animations and transitions should be minimal and professional.

6. CONTENT REQUIREMENT

The presentation should follow the standard scientific structure:

Slide 1: Title Slide

- ☐ Research Title
- ☐ Author(s)
- ☐ Institutional Affiliation(s)
- ☐ Corresponding Author (if applicable)

Slide 2: Introduction

- ☐ Background of the study
- ☐ Problem statement
- ☐ Significance of the research

Slide 3: Objectives and Hypothesis

- ☐ Primary and secondary objectives
- ☐ Research hypothesis (where applicable)

ORAL PRESENTATION

Slide 4: Materials and Methods

- ☐ Study design
- ☐ Study setting and duration
- ☐ Sample size and sampling technique
- ☐ Inclusion and exclusion criteria
- ☐ Data collection methods
- ☐ Statistical analysis
- ☐ Ethical approval (if applicable)

Slide 5–6: Results

- ☐ Key findings
- ☐ Tables, charts, and figures
- ☐ Statistical significance where relevant

Slide 7: Discussion

- ☐ Interpretation of findings
- ☐ Comparison with existing literature
- ☐ Clinical or practical implications

Slide 8: Conclusion

- ☐ Main conclusions derived from the study
- ☐ Key take-home messages

Slide 9: Limitations and Recommendations

- ☐ Study limitations
- ☐ Future research directions
- ☐ Practical recommendations

Slide 10: Acknowledgements and References

- ☐ Funding sources (if any)
- ☐ Acknowledgements
- ☐ Key references (Vancouver style preferred)

ORAL PRESENTATION

7. PRESENTATION DELIVERY GUIDELINES

Presenters should:

- ☐ Maintain professional attire and conduct.
- ☐ Introduce themselves before beginning the presentation.
- ☐ Speak clearly and confidently.
- ☐ Maintain eye contact with the audience.
- ☐ Avoid reading directly from slides.
- ☐ Demonstrate mastery of the research topic.
- ☐ Use professional and scientific language.
- ☐ Manage time effectively

8. QUESTION & ANSWER SESSION

- ☐ The Q&A session will last **3 minutes**.
- ☐ Questions may be directed to any presenter.
- ☐ Responses should be concise, evidence-based, and professional.
- ☐ Judges may assess:
 - ☐ Understanding of the research
 - ☐ Critical thinking ability
 - ☐ Knowledge of methodology
 - ☐ Interpretation of results
 - ☐ Practical implications of findings

10. IMPORTANT NOTES

- ☐ Presenters must report to the designated venue at least **30 minutes before their session**.
- ☐ Backup copies should be carried on a USB drive.
- ☐ The organizing committee reserves the right to modify schedules if necessary.
- ☐ Participation certificates will be awarded to all presenters.
- ☐ Awards will be presented to the highest-scoring oral presentation

POSTER PRESENTATION

Following the acceptance of an abstract, authors will be notified regarding their allocation to either the Oral Presentation or Poster Presentation category by the Scientific Committee.

Authors selected for poster presentation are required to adhere to the following guidelines to ensure uniformity, professionalism, and compliance with international scientific conference standards.

1. SUBMISSION REQUIREMENTS

- Posters must be submitted in PDF format only.
- Submissions in PowerPoint, JPEG, PNG, Word, or any other format will not be accepted.
- The final submitted version must be identical to the version presented during the conference.
- Authors are advised to carefully proofread their posters before submission, as revisions may not be permitted after the submission deadline.

2. POSTER DIMENSIONS AND ORIENTATION

All posters must adhere to the following specifications:

- Dimensions: 48 inches (Height) × 36 inches (Width)
- Orientation: Portrait
- Format: High-resolution PDF
- Recommended Resolution: Minimum 300 dpi

Failure to comply with the specified dimensions may result in rejection or a request for resubmission.

3. MANDATORY POSTER TEMPLATE

The official conference poster template must be used for all submissions.

- Modifications to the overall layout, dimensions, or branding elements are not permitted.
- Authors may adjust text, figures, tables, and graphical content within the designated sections.

The official template can be accessed through the link provided by the Organizing Committee.

Canva Link: <https://canva.link/p9u0x1fp7eud7bg>

Use of the standard conference template is mandatory. Posters not prepared using the official template may be disqualified.

POSTER PRESENTATION

4. POSTER CONTENT STRUCTURE

The poster should include the following sections where applicable:

- ☐ Title
- ☐ Author Names and Affiliations
- ☐ Introduction/Background
- ☐ Objectives
- ☐ Methodology
- ☐ Results
- ☐ Discussion
- ☐ Conclusion
- ☐ Limitations
- ☐ References
- ☐ Acknowledgements (Optional)

5. DESIGN AND FORMATTING RECOMMENDATIONS

To ensure readability and effective scientific communication:

Text

- ☐ Use clear and professional fonts (e.g., Times New Roman).
- ☐ Title font size: 60–80 pt
- ☐ Section headings: 31–40 pt
- ☐ Body text: 25–30 pt

Figures and Tables

- ☐ Use high-quality images and graphics.
- ☐ Ensure all figures and tables are clearly labelled and referenced within the text.
- ☐ Avoid overcrowding the poster with excessive text.

Visual Presentation

- ☐ Use concise bullet points rather than lengthy paragraphs.
- ☐ Maintain a balanced ratio of text to visuals.
- ☐ Ensure sufficient contrast between text and background.
- ☐ Use professional colour schemes that enhance readability.

6. REFERENCES AND CITATIONS

- ☐ References should follow a recognized citation style (e.g., Vancouver, APA, or AMA).
- ☐ Cite all images, figures, and data sources appropriately.
- ☐ Authors are responsible for ensuring compliance with copyright and intellectual property regulations.

POSTER PRESENTATION

7. ETHICAL CONSIDERATIONS

For studies involving human participants:

- ☐ Patient confidentiality must be strictly maintained.
- ☐ Any identifying information must be removed.
- ☐ Appropriate ethical approval and informed consent should have been obtained where required.

Failure to comply with ethical standards may result in withdrawal of the presentation.

8. POSTER PRESENTATION FORMAT

A maximum of two presenters can present one paper.

Each presenter will be allocated:

- ☐ **5 minutes** for poster presentation
- ☐ **1 minute** for questions and answers (Q&A)

Presenters should be prepared to discuss:

- ☐ Study rationale
- ☐ Methodology
- ☐ Key findings
- ☐ Clinical or scientific significance
- ☐ Study limitations

The presenting author must be available during the assigned presentation session.

9. SUBMISSION INSTRUCTIONS

Posters should be submitted through the designated submission portal or email address provided by the Organizing Committee.

The poster file should be named as:

Poster–First Author Last Name–Short Title–Presenting Author Last Name

Example:

Poster–Saad–Sleep Deprivation–Ikram

Late submissions will not be accepted under any circumstances.

Important Note

Submission of a poster implies that all authors approve the content and consent to its presentation at the conference. The Scientific Committee reserves the right to reject submissions that do not comply with these guidelines or fail to meet scientific and ethical standards.

We look forward to your valuable contribution to the **3rd International StuCon 2026** and wish you success in showcasing your research.

POSTER TEMPLATE



Replace This Text With Your Title

Author 1¹; Author 2²
¹University of Affiliation, ²Medical Center of Affiliation



Introduction

Click here to insert your Abstract text. Type it in or copy and paste from your Word document or other source.

This text box will automatically re-size to your text. To turn off that feature, right click inside this box and go to **Format Shape, Text Box, Autofit**, and select the "Do Not Autofit" radio button.

To change the font style of this text box: Click on the border once to highlight the entire text box, then select a different font or font size that suits you. This text is Times New Roman 32pt and is easily read up to 4 feet away on a 48x36 poster.

Zoom out to 100% to preview what this will look like on your printed poster.



Figure 1. Label Figure 2. Label Figure 3. Label

Results

Click here to insert your Results text. Type it in or copy and paste from your Word document or other source.

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Speaking of Results, yours will look better if you remember to run a spell-check on your poster! After you've added your content click on **Review, Spelling**, or press F7.



Chart 1. Label

Methods and Materials

Click here to insert your Methods and Materials text. Type it in or copy and paste from your Word document or other source.

This text box will automatically re-size to your text. To turn off that feature, right click inside this box and go to **Format Shape, Text Box, Autofit**, and select the "Do Not Autofit" radio button.

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Conclusions

Click here to insert your Conclusions text. Type it in or copy and paste from your Word document or other source.

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Zoom out to 100% to preview what this will look like on your printed poster.

References

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

Table 1. Label in 24pt Times New Roman

	Heading	Heading	Heading
Item	800	790	4001
Item	356	856	290
Item	267	456	845
Item	228	134	238

POSTER TEMPLATE (AI)



Replace This Text With Your Title

Author 1¹; Author 2²
¹University of Affiliation, ²Medical Center of Affiliation



Problem Statement & Target Population

Click here to insert your text. Type it in or copy and paste from your Word document or other source.

This text box will automatically re-size to your text. To turn off that feature, right click inside this box and go to Format Shape, Text Box, Autofit, and select the "Do Not Autofit" radio button.

To change the font style of this text box: Click on the border once to highlight the entire text box, then select a different font or font size that suits you. This text is Calibri 32pt and is easily read up to 4 feet away on a 48x36 poster.

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Results & Future Potential

Click here to insert your text. Type it in or copy and paste from your Word document or other source.

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AI Based Solution & Workflow

Click here to insert your text. Type it in or copy and paste from your Word document or other source.

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To change the font style of this text box: Click on the border once to highlight the entire text box, then select a different font or font size that suits you. This text is Calibri 32pt and is easily read up to 4 feet away on a 48x36 poster.

Zoom out to 100% to preview what this will look like on your printed poster.



Chart 1. Label

Table 1. Label in 24pt Calibri.

	Heading	Heading	Heading
Item	800	790	4001
Item	356	856	290
Item	267	456	845
Item	228	134	238

Limitations & Ethical Considerations

Click here to insert your text. Type it in or copy and paste from your Word document or other source.

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To change the font style of this text box: Click on the border once to highlight the entire text box, then select a different font or font size that suit

Evaluation

Click here to insert your text. Type it in or copy and paste from your Word document or other source.

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To change the font style of this text box: Click on the border once to highlight the entire text box, then select a different font or font size that suit

Demo Material (If Applicable)



MINISTRY OF HEALTH & EPIDEMIOLOGICAL RESPONSE

SYSTEM CRITICAL: Can We Save Pakistan's Healthcare?

"Saving Pakistan's Medical Education System: A National Emergency Response"

The Briefing: Pakistan's medical education is on life support, and the healthcare workforce is facing an unprecedented brain drain. This isn't just a policy debate—it's a national emergency.

Welcome to **MoHER** (Ministry of Health & Epidemiological Response).

We are assembling a high-stakes crisis simulation where 5 tactical teams (teams will be allocated on event day) —from the Ministry of Health to Healthcare Administration and Policy Architects—will clash, collaborate, and construct the blueprint for survival.

Theme: A National Policy Crisis on Medical Education, Healthcare Workforce Planning, and the Survival of Pakistan's Healthcare System

Will your strategy revive the system, or will the crisis prevail? The floor is yours. The clock is ticking.

- Each team consists of 4 members

MIND MERGE 2.0

THE QUIZ SOCIETY OF RLMC IS PROUD TO PRESENT MIND MERGE,

its 2nd All Pakistan Intercollegiate Quiz Competition, as part of the annual StuCon. Last year's Mind Merge was a huge success with more than 10 teams from various colleges as participants. Building on the success of its inaugural edition, Mind Merge aims to bring together talented students from various institutions in a dynamic and intellectually stimulating environment.

Theme:

The event is designed to challenge participants through a unique blend of General Knowledge and Integrated Medical Knowledge, encouraging not only factual recall but also critical thinking, interdisciplinary understanding, and collaborative problem-solving. By merging diverse domains of knowledge, the competition seeks to promote academic excellence, curiosity, and healthy competition among future professionals.

WHY PARTICIPATE?

- Through exciting quiz rounds and thought-provoking challenges, the event promises to be an enriching and memorable experience for all participants.
- Compete in an exciting intercollegiate competition.
- Test your knowledge across a wide range of subjects.
- Network with students and faculty from different institutions.
- Win attractive cash prizes and recognition.
- Enjoy a vibrant and intellectually stimulating conference experience.

To ensure maximum participation, accommodation will be provided for teams traveling from other cities, making it easier for students from across the region to join this celebration of knowledge and excellence.

PITCH PERFECT

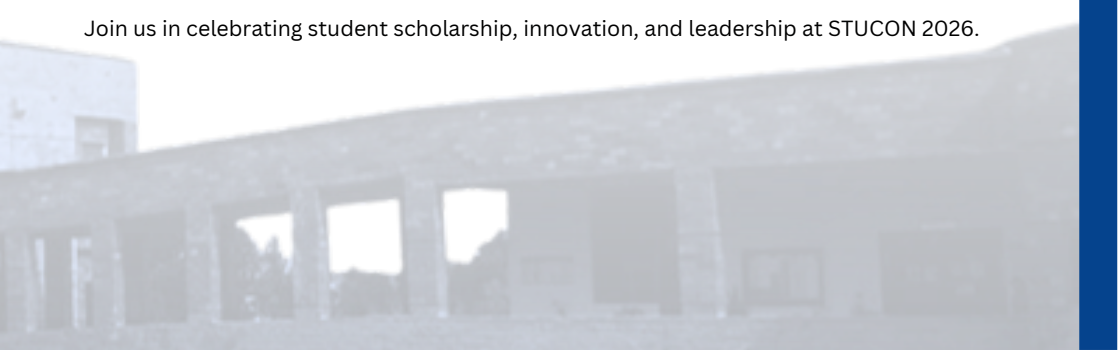
Pitch Perfect is more than a competition. It is a launchpad for ambition, innovation, and the next generation of change makers. Bringing together the brightest young minds, visionary entrepreneurs, celebrated personalities, and influential investors, this dynamic platform empowers young mind to transform bold ideas into real-world ventures.

In a high-stakes, Shark Tank-style environment, participants will pitch their groundbreaking concepts before an esteemed panel of businessmen and renowned personalities who are ready to invest, mentor, and champion promising talent. With extensive network and media coverage, Pitch Perfect offers not only the opportunity to secure funding and expert guidance, but also a chance to inspire audiences and leave a lasting mark on the future of business and innovation.

THE PROCESS

- Application
- Screening and Selection
- Pitch Presentation and Broadcast
- Award Ceremony and Cash Prizes

Join us in celebrating student scholarship, innovation, and leadership at STUCON 2026.



MEDMAZE

MED MAZE: WHERE DEAD MEN DO TELL TALES

Teams will step into the simulation arena, where the walls have eyes, and the dead hold the data. This isn't just a race against the clock; it's an intense challenge across timed medical stations designed to weaponize your curiosity. To unmask the true cause of death for our fallen trial patients, you must look beyond the obvious. Analyze the environment, outsmart the puzzles, and confront the hidden biases and structural limitations threatening to corrupt your data.

Pro-Tip: Keep your wandering eyes peeled! Secret easter eggs and quirky lateral-thinking bonus points are scattered throughout the room for teams sharp enough to spot them. And remember, presentation and futuristic thinking always make or break the deal.

Was it a tragic natural failure, an oversight in the trial protocol, or a cold-blooded killer in a lab coat? In the end, only the sharpest clinical minds will survive the cognitive traps, bypass the medical blind spots, and piece together the ultimate truth.

Are your eyes keen enough to solve the trial, or will you become the next statistic?

- Each team consists of 4 members

HYBRID CONFERENCE

JOIN IN PERSON OR ONLINE

We invite undergraduate and postgraduate students, trainees, interns, residents, and early-career professionals to showcase their scholarly work and innovative ideas at this exciting hybrid conference.

Present and connect from anywhere in the world through our hybrid platform. Participate either on campus or virtually while engaging with an international audience. Multiple presentation formats are available to highlight your work.

ABSTRACT SUBMISSIONS OPEN FOR THE FOLLOWING MODULES:

- **Research Papers**
- **Oral Presentations**
- **Poster Presentations**
- **Innovation and Entrepreneurship Projects**
- **Pre-Conference Workshops**

SUBMISSION DEADLINE:

16TH JULY 2026

Join us in celebrating student scholarship, innovation, and leadership at STUCON 2026.



KEY DATES AND FIGURES

CONFERENCE REGISTRATION FEE

RLK Group Students	PKR 1200 per participant
External Participants	PKR 1500 per participant
Group Registration (5 or More Participants)	PKR 1200 per participant
Gala Dinner And Social Event	PKR 1300 per participant

IMPORTANT DATES

Pre-Conference Workshop Submission Deadline	22 June 2026
Abstract Submission Deadline	16 July 2026
Conference Registration Deadline	5 August 2026



THANK YOU

We greatly appreciate your presence at our conference. We eagerly anticipate your attendance and the contributions you will bring.
Thank you for being a part of this event.



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<https://rlmc.edu.pk/stucon/>



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